



ALEXANDER TECHNIQUE

# WORKSHOPS



Experiential workshops  
open to all—\$65 each

## **Scoliosis 101 Part I and II**

9-10:30; 11-12:30 Wednesday

## **Sensing Beyond Sight**

Wednesday 2-3:30; Sunday 1:30-3

## **Physical Expression for Stage and Screen**

Thursday 2-3:30

## **Alexander Technique is for Everyone!**

Saturday 1:30-3

## **Guitar Huddle**

Saturday 3:30-5

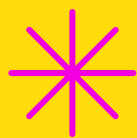
## **Finding UP from the Ground**

Sunday 1:30-3pm



Register here:

[bit.ly/atconference2019](http://bit.ly/atconference2019)  
or call/email:  
937.586.3732  
[info@amsatonline.org](mailto:info@amsatonline.org)



Many more workshops are  
available to Associate  
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