



ALEXANDER TECHNIQUE

WORKSHOPS



Experiential workshops
open to all—\$65 each

Scoliosis 101 Part I and II

9-10:30; 11-12:30 Wednesday

Sensing Beyond Sight

Wednesday 2-3:30; Sunday 1:30-3

Physical Expression for Stage and Screen

Thursday 2-3:30

Alexander Technique is for Everyone!

Saturday 1:30-3

Guitar Huddle

Saturday 3:30-5

Finding UP from the Ground

Sunday 1:30-3pm



Register here:

bit.ly/atconference2019
or call/email:
937.586.3732
info@amsatonline.org



Many more workshops are
available to Associate
Members of AmSAT.
Call to join — \$55