

Annual General Meeting Materials and Agenda

Version 2

Saturday, June 27 (12:30-3:30PM EDT)

Sunday, June 28 (12:30-2:30PM EDT)

Table of Contents

Click on the heading to go to each section

Updated information as of June 15, 2020

1. [The policy on proxies has been updated.](#)
2. [The winning slogan has been added.](#)
3. Fixed clerical errors throughout.

[Letter from the Chair](#)

[General Meeting Agenda](#)

[Proposed Rules for Conducting the 2020 Annual General Meeting](#)

[Instructions for Voting](#)

[Four Ways to Improve the Quality of the General Meeting](#)

[Parliamentary Procedures](#)

Motions for the 2020 Annual General Meeting

[Motion 1: Clarify Attendees' Convocation Quorum*](#)

[Motion 2: Approve AmSAT Slogan for Two Years*](#)

[Motion 3: Change the name of Associate Member to Supporting Member**](#)

[Motion 4: Clarify Language for Approval of Training Course Directors**](#)

[Motion 5: Clarify and Update Requirements for Training Course Directors**](#)

[Motion 6: Direct Revision of Training Course Application*](#)

[Motion 7: Clarify and Update Language in the Teacher Certification Requirements*](#)

[Motion 8: Publication of Board Minutes within Five Business Days after Approval*](#)

* Motion contains a Member Resolution

- Requires simple majority of those voting in person or proxy to pass.

** Motion contains a Bylaw change

- Requires $\frac{2}{3}$ (two-thirds) majority of those voting in person or proxy to pass.

Dear Friends & Colleagues,

Welcome to AmSAT's 2020 Annual General Meeting!

We are making history by meeting online this year. We appreciate the efforts of Anna Sobotka and her team, who planned a wonderful meeting for us in Boulder, CO, and who have agreed to host for 2021. While the current pandemic makes it impossible to be together in person, we look forward to learning and celebrating together next summer. Although we have postponed workshops and classes, the Attendees' Convocation (AC), and the F.M. Alexander Memorial Lecture, the Board decided that it was necessary to move AmSAT business forward by conducting our business meeting via ZOOM. We appreciate your presence and patience as we navigate the meeting online. Here are the logistical details so that we can conduct business efficiently and effectively:

Meeting Dates and Times:

Saturday, June 27 12:30 PM - 3:30 PM EDT.
Sunday, June 28 12:30 PM - 2:20 PM EDT..

Please plan to log into ZOOM between 12:15 and 12:30 to allow for technical difficulties and to establish the quorum count. The ZOOM invite will be sent to your email address; registration is required, and the registration link will be included. Please plan to [register](#) no later than 5pm EDT on Thursday, June 25th. You will also receive a reminder email on Friday, June 26 with the link to log in to the AGM on ZOOM. If you have never used ZOOM before, I recommend that you join one of our Thursday "Taking Time to Connect" meetings. Click [here](#) for a brief tutorial on using ZOOM.

Voting: The first order of business is establishing our required quorum. As always, the quorum number will be $\frac{1}{4}$ (one quarter) of the voting members reported at the Board meeting prior to this event. Quorum will be counted by the number of participants who register and log into ZOOM for the meeting.

Proxy Updates: When we were planning the virtual AGM, we were uncertain about how to handle proxies, and decided to eliminate them in conducting the meeting. However, we have had a couple of inquiries from members, and are concerned about meeting the quorum (123 people), and would like to reinstate the proxy option. We would like to keep it simple, and limit the number of members who are holding them, so that we can easily count votes. One person can hold up to 10 proxies. Please click on the [proxy registration form](#) if you would like to designate your vote.

Board of Directors Election: Ballots for the Board are to be submitted by **4:00 pm EDT on Saturday, June 27**. To vote, please fill out this [google ballot](#). Biographical information for each of the candidates can be found in the [first meeting materials packet](#).

Your registration packet includes materials to help you fully participate in this year's meeting. Please read through these materials so that you are familiar with the issues and procedures, and keep them handy for reference during the meeting.

Finally, welcome to all the trainees who are in attendance. While you are non-voting members for now, you are invited to attend the Business Meeting and take part as much as possible. We look forward to your future involvement as active voting members in shaping the direction of AmSAT.

Cheryl Pleskow, Chair

AmSAT 34th Annual General Meeting Agenda Saturday, June 27 (12:30-3:30PM ET)

1. Call to Order

Cheryl Pleskow, Chair, will call the meeting to order and welcome all members.

2. Executive and Committee Annual Reports

The Board expresses gratitude for all the work done this past year. These accomplishments are available for review in the 2020 Annual Report. Cheryl Pleskow, Chair, will entertain clarifying questions at this time.

- Chair, Cheryl Pleskow
- Chair Elect, Lisa Levinson
- Secretary, Holly Rocke
- Treasurer, Rick Carbaugh
- Archivist, Jared Negley
- Alexander Technique Affiliated Societies (ATAS), Claire Creese
- Office Report, Fran Rickenbach, Maggie Barlow
- Information Manager (IM), Angeline LeLeux
- AmSAT Journal (Journal), Joe Alberti
- Organizational News, Emma Sapa
- Annual Conference and General Meeting Policy Committee (ACGM), Jo Gray
- Attendees' Convocation (AC), Ron Dennis
- Committee for the Alexander Technique and the Performing Arts (CATPA), Beth Robinson
- Continuing Education Committee (CEC), Anne Johnson, Anne Shivas
- Credentials Review Committee (CRC), Rebecca Tuffey
- Definitions Committee (DC), Jill Geiger, Walton L. White
- Government Relations Committee (GRC), Rick Carbaugh
- Membership (MC), Amanda MacDonald
- Nominating (NC), Mara Sokolsky
- Professional Conduct Committee (PCC), Pamela Bartlett
- Research (RC), Heidi Leathwood
- Rules and Bylaws (RBC), Rose Bronec, Claire Creese
- Training Approval Committee (TAC), Rena Anya Deveza, Lori Schiff
- Training Directors Committee (TDC), Karen DeWig

3. Quorum Report

Holly Rocke, Secretary, will present the quorum report.

4. Adoption of Proposed Meeting Rules & Adoption of the Agenda

Cheryl Pleskow, Chair, moves to adopt the Meeting Rules and Agenda as presented.

5. Nominating, Attendees' Convocation

Cheryl Pleskow, Chair, will open the floor to nominations for

- Nominating Committee (There is one opening on the committee)
- 2021 Attendees's Convocation (There is an opening for the Chair and two additional members)

Once nominations are received from the floor, a vote will be held. All voting members are reminded to vote for the [2021 Board of Directors](#) by filling out this form.

6. Motions

[Motion 1: Clarify Attendees' Convocation Quorum*](#)

[Motion 2: Approve AmSAT Slogan for Two Years*](#)

[Motion 3: Change the name of Associate Member to Supporting Member**](#)

[Motion 4: Clarify Language for Approval of Training Course Directors**](#)

[Motion 5: Clarify and Update Requirements for Training Course Directors**](#)

[Motion 6: Direct Revision of Training Course Application*](#)

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[Motion 8: Publication of Board Minutes within Five Business Days after Approval*](#)

Sunday, June 28 (12:30-2:30PM ET)

7. Strategic Plan Initiatives - Discussion and Participation

Lisa Levinson, Chair Elect, will present on AmSAT's accomplishments and future plans.

8. Awards Ceremony

Cheryl Pleskow, Chair, will present

- Anniversary Teacher Recognition
- Certificates of Appreciation
- Certificates of Merit
- Distinguished Service Award

9. Announcements

Cheryl Pleskow, Chair, will announce the 2021 Board of Directors and the 2021 ACGM.

10. Adjournment of Business Meeting

Proposed Rules for Conducting the 2020 Annual General Meeting

The following rules will be observed through the duration of the Business Meeting:

1. The MEI office will serve as the moderator.
2. In order to be recognized, the member raises their hand in zoom. The members will be called to speak in this order. This year we will not be able to follow the traditional pro and con order.
3. Use "Madam Chair", or "Chairperson"

4. Upon recognition by the Chair (*"The Chair recognizes..."*) The Member shall give their name and indicate if they are speaking pro or con on the issue.
 5. Address *all* remarks *through* the Chair; Member may speak on any motion once for two minutes, and a second time for one minute, the second time only after other Members speaking for the first time. The Mover of a main motion may also speak for three minutes at the beginning of debate on that motion.
 6. A member cannot establish "prior claim" to the floor by speaking before it has been yielded.
Exceptions exist for legitimate procedure-related interruptions.
 7. For more information, see Robert's Rules of Order, Newly Revised. 11th ed., pp 391-394
 8. Minutes of this session will be approved by the Board of Directors.
 9. Members shall indicate their vote by means of a zoom poll.
-

Instructions for Voting

When the time for voting comes:

1. The Chair will ask for approval via unanimous consent. If you would like to vote NO on the proposal, please raise your objection by raising your zoom hand at this time. If there are no objections, the motion will pass via unanimous consent and no vote count will be taken
 2. If there is an objection to unanimous consent, the Chair will call for a vote via a zoom poll.
 3. Each member will enter their vote in the poll - In favor, opposed, or abstain.
 4. The designated proxy holders will then verbally give their proxy votes.
 5. The results will be given to the assembly.
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Four Ways to Improve the Quality of the General Meeting

Each of us bears a portion of the responsibility for the success of the General Meeting and the work of the Society. PLEASE REMAIN MUTED UNTIL YOU ARE CALLED UPON TO SPEAK. Attention to the four points below will greatly improve the quality of discussion and expedite the conduct of our business.

1. Arrive Prepared

This General Meeting packet includes extensive information regarding all motions, including rationales and background information. Please familiarize yourself with it prior to discussion and voting.

2. Speak Only When Recognized

Don't unmute yourself until you have been recognized by the Chair.

3. Stay on Topic

Please organize your comments from the floor as statements for or against the matter at hand, or questions about facts or procedure. Do not use your time on the floor to elaborate on matters that are not currently under discussion (no matter how important those matters may be).

4. Don't Amend Too Soon

Once an amendment is moved and seconded, all discussion must be confined to the amendment itself, and not the main motion. Confusion and frustration may result if an amendment (no matter how ultimately valuable or helpful) is moved and seconded before the assembly as a whole has had a chance to adequately discuss, assess—and determine collective and individual response to—the main motion. Procedural and informational guidance is available from the Chair, Secretary, Rules and Bylaws

Parliamentary Procedures

<https://drive.google.com/open?id=1nsT2tPa3QOe3sxf04dIJ-C5JMV8p4yCJ>

Motions for the 2020 Annual General Meeting

Motion 1: Clarify Attendees' Convocation Quorum

(Member Resolution - Requires simple majority of those voting to pass)

Moved by the Rules and Bylaws Committee; Rose Bronec, Claire Creese, Kathryn Miranda; and the Attendees' Convocation Committee; Ron Dennis, Pamela Blanc, Mary Derbyshire

Whereas, there is a need to bring clarity to the Attendees' Convocation (AC) proceedings in establishing its quorum;

Resolved, That item 6 of the Attendees' Convocation (AC) resolution, previously adopted by the membership in 2018, "Quorum for the AC to be a majority of members attending the ACGM in person", be amended in the following three ways—

1. To add the phrase "Once the Annual General Meeting (AGM) quorum has been determined",
2. To insert the words "simple" before "majority" and "voting" before "members", and
3. To replace "ACGM" with "AGM";

to then read: *Once the Annual General Meeting (AGM) quorum has been determined, the quorum for the AC to be a simple majority of voting members attending the AGM in person.*

Attendees' Convocation

1. The session to be conducted under the general, but not exclusive, provisions of Informal Consideration, specifically, AmSAT Chair will not preside;
2. The AC's agenda of up to three items to be adopted at the beginning of the session, from a slate formed, with input from all interested parties, and subsequently published in the "General Meeting Materials," as organized by an Attendees Convocation (AC) Committee of three, elected for a one-year term by nominations from the floor at the prior year's ACGM, except that upon passage of this motion the AC Committee to be formed immediately;
3. The AC Chair to be a member, or alternating members, of this committee;
4. Any motions arising from AC deliberations to require for adoption a 2/3 (two-thirds) majority vote of the members in attendance at the AC in person (no proxies);
5. Any motions so adopted to be placed in the consideration of all motions on the next year's ACGM agenda;
6. Once the Annual General Meeting (AGM) quorum has been determined, the quorum for the AC to be a simple majority of voting members attending the ~~ACGM~~ AGM in person.

Motion 2: Approve AmSAT Slogan for Two Years

(Member Resolution - Requires simple majority of those voting to pass)

Moved by the Slogan Committee; Tracy Einstein, Chair; Ariel Carson, Claire Rechnitzer, Eleanor Taylor; Wes Howard, Board Member-at-Large

Whereas, at the 2019 AGM, the membership appointed a committee to which the following motion was referred, *That AmSAT adopt the slogan: “AmSAT: Bringing knowledge and expert teaching of the Alexander Technique to a world in need.”;*

Whereas, the appointed Slogan Committee was to vet any considered slogan wording before bringing their recommendation back to the membership in the form of a motion at the 2020 AGM; and

Whereas, Voting Members by simple majority vote through an on-line survey in the Spring of 2020 selected slogan wording;

Resolved, That AmSAT adopt the following Slogan for two years until July 1, 2022, by which time the Slogan may be revised or renewed for an additional time period through an AGM motion in 2022.

Winning Slogan - AmSAT: Mindfulness in Action

Motion 3: Change the name of Associate Member to Supporting Member
(Bylaw Amendment - Requires $\frac{2}{3}$ (two-thirds) majority of those voting to pass)

Moved by Lisa DeAngelis, Board Member-at-Large, and Amanda MacDonald, Membership Committee Chair

Whereas, Bylaw *Article II: Membership, Section 3. Non-Voting Members B.* contains the membership category “Associate Member;”

Whereas, the Associate Member category is under-utilized; and

Whereas, changing the title of the membership category to “Supporting” will provide the opportunity to refresh and promote the category;

Resolved, That *Article II: Membership, Section 3. Non-Voting Members. B. Associate Members* be amended by changing “Associate Members” to “Supporting Members.”

Article II: Membership

Section 3. Non-Voting Members.

B. Associate Supporting Members. *Anyone who, in the opinion of the Board of Directors, is in sympathy with the objects of AmsAT or is engaged in work of interest to AmsAT and does not hold him/herself out as a teacher of the Alexander Technique shall be eligible to be an Associate a Supporting Member and shall have all the rights, privileges, and obligations of Voting Members except voting rights and the right to submit proposals for vote at meetings.*

Motion 4: Clarify Language for Approval of Training Course Directors
(Bylaw Amendment- Requires $\frac{2}{3}$ (two-thirds) majority of those voting to pass)

Moved by the Training Approval Committee; Rena Anya Devezza, Jameson James, Heidi Leathwood, Geordie MacMinn, Chris Mincer, Jonathan Salzedo, and Lori Schiff

Whereas, the Training Directors Committee (TDC) has reviewed *Article XI: Teacher Training Courses,, Section 2. Requirements for Teachers on a Training Course. A.* and expressed interest in clarifying the language in the last

paragraph (vii.), requesting the Training Approval Committee (TAC) to review *XI, 2.A.vii.* for accuracy based on the *TAC Rules and Procedures*;

Whereas, *Article XI, Section 2.A.* of the Bylaws refers to the requirements for a new Training Director and the requirements for course reapproval are laid out in *Article XI. Section 3. Approval and Reapproval of a Teacher-Training Course. B. Reapproval*, the phrase “or reapproval” in paragraph 2.A.vii is not relevant; and

Whereas, the phrase “and no training director(s) or co-training director(s)* shall be appointed by an approved training director” is no longer accurate because both directors and co-directors are approved by the Board of Directors;

Resolved, That *Article XI: Teacher Training Courses, Section 2. Requirements for Teachers on a Training Course, subsection vii.* be amended by striking “or reapproval”, and replacing “shall be appointed by an approved training director” with “shall be approved”, to read, *No teacher-training course shall receive approval and no training director(s) or co-training director(s) shall be approved without satisfying all the requirements of Article XI (Teacher-Training Courses), Section 2. of these Bylaws.*

Article XI: Teacher Training Courses

Section 2. Requirements for Teachers on a Training Course.

A. The director of the course is a Voting Member of AmSAT who:

i. (remains as is);

ii. (remains as is);

iii. (remains as is);

iv. (remains as is);

v. (remains as is);

vi. (remains as is);

vii. No teacher-training course shall receive approval ~~or reapproval~~ and no training director(s) or co-training director(s) shall be appointed by an approved training director shall be approved without satisfying all the requirements of Article XI (Teacher-Training Courses), Section 2. of these Bylaws.

Motion 5: Clarify and Update Requirements for Training Course Directors

(Bylaw Amendment - Requires $\frac{2}{3}$ (two-thirds) majority of those voting to pass)

Moved by Kathryn Miranda, Sydney Harris, Rose Bronec; Members of the Training Directors Committee

[Once this motion to amend Article XII: Section 2, Subsection A is moved on the floor of the meeting, the Chair will open the floor for discussion on pros and cons of this motion. Debate will proceed taking the six parts of the Resolved statement one at a time; amendments may be offered. (Whereas clauses are neither debated nor amended.) Once this process is completed, a vote will be taken on *Section 2.A.* in its entirety.]

Whereas, in 2015, the Training Approval Committee (TAC) recognized a challenge in administering *Article XI: Teacher Training Courses, Section 2. Requirements for Teachers on a Training Course. Subsection A.*, which pertains to training director applicants; they asked the Training Directors Committee (TDC) to review the Bylaw and address the clarity and relevance of the content; and so a subcommittee of training directors was formed to address this concern;

Whereas, during multiple surveys over the past five years and at every annual TDC meeting since 2015, a majority of training directors expressed interest in amendments to *Article XI, 2.A.* that:

1. increase the assisting hours for those who apply to direct a teacher training course,

2. require a clearer commitment to AmSAT through membership and Annual General Meeting attendance,
3. use Continuing Education Requirements (CER) rather than a specialized post-graduate credit, and
4. provide a way for exceptions to be considered for applicants who have different paths preparing for the responsibilities of training teachers;

Whereas, in requiring applicants to be Voting Members for a minimum of one year, a new Training Director will have some knowledge of the professional society approving them and the richness of resources available to members including a connection to a community of professional Alexander teachers;

Whereas, the current Bylaw term “post-graduate credit” preceded the codifying of the CER, and in adopting the CER terminology, *Article XI, 2.A.* will be updated;

Whereas, AmSAT members have shown a strong interest in honoring the *Alexander Technique Affiliated Societies (ATAS) Agreement* which makes the following recommendation under *III. Common Standards Necessary for Recognition and Affiliation, B. Training Courses. 2. Requirements for a Director of Training. c. “Have had sufficient experience (as determined by each society) assisting on a training course which is approved by the local society or an affiliated society. This usually takes the form of at least one (1) year’s full-time assistance.”*;

Whereas, by offering options for fulfilling the assistance requirement, members who live in areas where there is not a commutable AmSAT-approved teacher training course and where making extended visits to assist on a training course is difficult, may find assisting more feasible; and

Whereas, *Article XI, Section 2.A.* is at the heart of AmSAT’s self-regulatory functions, ensuring that Training Course Directors are qualified to train the next generation of teachers, and therefore, by updating this section of the Bylaws with more clarity in the language and content reflecting the experience of ATAS and AmSAT Training Directors, a revision of this Subsection will benefit AmSAT overall;

Resolved, That *Article XI: Teacher Training Courses, Section 2. Requirements for Teachers on a Training Course, Subsection A. The training course director is a Voting Member of AmSAT who.*; revising subsections *ii.–vii.* with the following amends:

1. Under 2.A.ii. strike “a recognized organization” and replace it with “an affiliated society”;
2. Under 2.A.iii. (New) insert the new wording “Has been a Voting Member of AmSAT or an affiliated Society for at least one (1) year preceding the date of the application and provides documentation of:
 - a. Two hundred fifty (250) hours of Continuing Education credits;
 - b. Fifteen (15) hours from attendance at an AmSAT General Meeting or an annual meeting of an affiliated Society; and
 - c. The assisting requirements of Article XI, Section 2.A.iv.”
3. Under 2.A.iv. (New) insert the new wording, “Has assisted on an AmSAT-approved or affiliated society course for: a. Forty-five (45) hours within a two-year (2-year) period preceding the date of application, or b. two hundred (200) hours within a seven-year (7-year) period preceding the date of application.” and “c. In special circumstances, the Training Approval Committee may recommend to the Board a variation of the assisting requirements stated in paragraphs a. and b. above and the Board has the authority to accept this recommendation and may also stipulate certain conditions upon training course approval.”;
4. Under 2.A.iii. (Old) and iv. (Old), they now become v. with corrections and a reformat, “Has submitted to the Board of Directors when applying to open a new course: a. A letter of

recommendation from the training director or former training director in good standing of an AmSAT-approved or affiliated society teacher-training course, who has had no less than five (5) years' training experience and with whom the applicant has assisted on the training director's course as per Section 2.A.iv. for a minimum of fifteen (15) hours; b. A letter of recommendation from a Voting Member of AmSAT with at least twelve (12) years' teaching experience; and c. Submits such documents and information as the Board may require including a detailed schedule and curriculum for the proposed teacher-training course;"

5. Under 2.A.v. strike in its entirety; and

6. Under 2.A.vi. strike in its entirety.

Article XI: Teacher Training Courses **Section 2. Requirements for Teachers on a Training Course.**

A. The director of the course is a Voting Member of AmSAT who:

i. Is required to oversee and assess the trainees' progress, evaluate their qualification for AmSAT certification, and ensure that the course meets all requirements for training courses as set forth in the AmSAT's Bylaws and policies;

ii. Has been certified by AmSAT or ~~a recognized organization~~ an affiliated society for at least ten (10) years;

iii. Has been a Voting Member of AmSAT or an affiliated Society for at least one (1) year preceding the date of the application and provides documentation of:

a. Two hundred fifty (250) hours of Continuing Education credits;

b. Fifteen (15) hours from attendance at an AmSAT General Meeting or an annual meeting of an affiliated Society; and

c. The assisting requirements of Article XI, Section 2.A.iv.

iii. iv. Has assisted on an AmSAT-approved or affiliated society course for:

a. Forty-five (45) hours within a two-year (2-year) period preceding the date of application, or

b. Two hundred (200) hours within a seven-year (7-year) period preceding the date of application.

c. In special circumstances, the Training Approval Committee may recommend to the Board a variation of the assisting requirements stated in paragraphs a. and b. above and the Board has the authority to accept this recommendation and may stipulate certain conditions upon training course approval.

iv. v. Has submitted to the Board of Directors when applying to open a new course:

a. Submits to the Board of Directors a A letter of recommendation from the training director or former training director in good standing of an AmSAT-approved or affiliated society teacher-training course approved teacher-training course or the training director or former training director in good standing of a teacher-training course approved by a recognized society, who has had no less than five (5) years' training experience and with whom the applicant has assisted on the training director's course as per Section 2.A.iv. for a minimum of fifteen (15) hours; within a two-year period preceding the date of application. In addition, the applicant shall submit;

b. ~~a~~ A letter of recommendation from a Voting Member of AmSAT with at least twelve (12) years' teaching experience; and

c. ~~iv.~~ Submits such documents and information as the Board may require including a detailed schedule and curriculum for the proposed teacher-training course;

v. Has accumulated at the time of submitting an application to the Board and within six (6) years prior to the date of application a minimum of ninety (90) hours of postgraduate credit; this credit to be acquired through a combination of assisting on an approved teacher training course (one hour to equal one credit) or attendance at a teacher refresher course led by a Voting Member in good standing of AmSAT or a recognized society (one hour to equal one credit);

vi. Has accumulated at the time of submitting an application to the Board of Directors a minimum of fifteen (15) credits for attendance at professional meetings; this credit to be acquired through a combination of attendance at the Annual Meeting (fifteen (15) credits), attendance at the annual meeting of a recognized society (fifteen (15) credits), and attendance at an international congress (thirty (30) credits);

~~vii.~~ **vi.** *No teacher-training course shall receive approval or reapproval and no training director(s) or co-training director(s) shall be appointed by an approved training director without satisfying all the requirements of Article XI (Teacher-Training Courses), Section 2. of these Bylaws.*

Motion 6: Direct Revision of Training Course Application

(Member Resolution - requires simple majority of those voting to pass)

Moved by Kathryn Miranda, Sydney Harris, Rose Broner; Members of the Training Directors Committee

[If the previous motion fails, this motion will be withdrawn.]

Whereas, amendments to *Article XI, Section 2.A.* will require that the *TAC Rules and Procedures* pertaining to the application process for training course approval be appropriately adjusted;

Resolved, That the Training Approval Committee revise the training course application to reflect approved amendments to *Article XI: Teacher Training Courses, Section 2. Requirements for Teachers on a Training Course. Subsection A.* these changes in the Bylaws, paying specific attention to the need for documentation of requirements for membership, assisting on a course, continuing education and attendance at an Annual General Meeting.

Motion 7: Clarify and Update Language in the Teacher Certification Requirements

(Member Resolution - Requires simple majority of those voting to pass)

Moved by Karen DeWig, Barbara Kent, Lyn Charlsen Klein and Kathy Miranda, Subcommittee members of the Training Directors Committee

Whereas, in 2018, the Training Standards and Certification Requirements Committee (TSCRC) recommended that the Training Directors Committee (TDC) undertake a general review of the May 1988 membership-approved *Teacher Certification Requirements (TCR)*, including grammar corrections, and therefore, establish the *TCR* as a basis for trainee assessment and as the core of course curriculum;

Whereas, in 2018, the Professional Conduct Committee (PCC) asked the TDC to review the nine teacher certification requirements and determine if the importance of hands-on skills is sufficiently described;

Whereas, a subcommittee of three training directors and one former training director who were appointed to carry out this review found other relevant concerns to review and consider, such as:

1. The need for gender-neutral language;
2. The need to be sensitive to language that would be a concern to governmental relations (i.e., hands-on, touch, etc.); and
3. The need to remove the term “monkey” from public documents;

Whereas, the phrase “positions of mechanical advantage” is inclusive of monkey and lunge, and all mechanically advantageous positions;

Whereas, a commitment to pursue post-graduate study and continuing education is a requirement for AmSAT Voting Members, not AmSAT certification;

Whereas, this subcommittee completed the review with input from all of the Training Directors, Ruth Rootberg and Phyllis Richmond for editorial expertise, Rajal Cohen on scientific terminology, the Acting Chair of the Government Relations Committee, the Definitions Committee, the PCC, the Training Approval Committee, and an outside editor; and

Whereas, the subcommittee's recommendations address the original concerns and have incorporated many of the suggestions received from various perspectives;

Resolved, That the Teacher Certification Requirements be amended as below:

[Note: text to be deleted from current version is shown with strikethrough (~~text~~) and text to be inserted is shown with underline (text).]

TEACHER CERTIFICATION REQUIREMENTS

In order to be eligible for Certification by the American Society for the Alexander Technique (AmSAT), an individual must demonstrate a high level of proficiency in each of the following areas:

1. ~~An practical understanding of F. M. Alexander's basic ~~concepts~~ principles: use of the self, inhibition, direction, ~~inhibition~~, primary control, end-gaining and the means-whereby, force of habit, doing and non-doing, faulty sensory appreciation, and conscious control.~~
2. ~~An ability to maintain a high standard of use of the self while teaching the Alexander Technique.~~
An ability to maintain Maintaining a high standard of use of the self as defined in F. M. Alexander's four books and other writings while teaching the Alexander Technique and throughout one's daily during activities of daily living.
3. ~~Familiarity with the purpose of —~~ Proficiency in Performing and teaching Alexander's basic procedures: individual lessons, positions of mechanical advantage, chair work, table work, monkey, "whispered "ah," putting and hands-on-the-back-of-the-chair and lunge.
4. ~~An ability to convey to the student; Teaching the basic concepts of the Technique to a student through manual skills in combination with verbal explanation and instruction in one's own words, as well as through the use of one's hands, the basic concepts of the Technique.~~
5. ~~An ability to apply the principles of the Technique while observing and assisting the student in the performance of specialized skills, and an ability to aid the student in applying this knowledge to him/herself. Applying the principles of the Technique using manual and verbal instruction while assisting a student in the performance of specialized activities.~~
6. Aiding the student in applying principles of the Technique independent of the teacher.

In addition to a high level of proficiency in the above teaching skills, a person eligible for certification demonstrates:

7. A thorough knowledge of F. M. Alexander's writings, his life, and the history of the Technique; and as well as a familiarity with the other literature pertaining to the Technique.
8. A ~~practical~~ basic knowledge of anatomy and physiology as it applies to the principles of the Technique.
9. ~~An ongoing commitment to pursue post-graduate study in the Alexander Technique in order to develop and improve one's use of the self and teaching skills.~~

Motion 8: Publication of Board Minutes within Five Business Days after Approval (Member Resolution - Requires simple majority of those voting to pass)

Moved by the Rules and Bylaws Committee; Rose Bronec, Claire Creese, Kathryn Miranda

Whereas, prompt publication of approved Board minutes serves to advance the business of and communication within AmSAT, notably among active members and committees; and

Whereas, Board minutes tend to be published 8 to 16 weeks after their approval typically at the next regularly scheduled Board meeting (i.e., 16–24 weeks after the minuted meeting) which is a lengthy delay;

Resolved, That Board Minutes shall be published no later than 5 business days after their approval (i.e., approximately, 7–9 weeks after the minuted meeting).

End of Motions